

REPORT OF THE UBA ACTIVITIES CARRIED OUT IN GOVT COLLEGE FOR WOMEN,  
THIRUVANANTHAPURAM, KERALA

AISHE CODE: C43705

**1. AWARENESS CLASSES FOR SCHOOL CHILDREN:**

A group of students (12 numbers )from various disciplines, went to two schools in Kudappanakunnu and Thiruvananthapuram villages in the month of JULY 2019, and took continuous sessions on every week on areas related to health, hygiene, sanitation and eat right. Children belonging to the age group of 6-12 years were selected for creating the awareness.

Separate classes on Safe touch, awareness on Child Helpline were also given to children.

**2. Life Skill Training for school children:**

Two Govt schools in the adopted villages were identified and a two month programme on a weekly basis was planned and implemented. Students were given classes based on fun learning activities on areas of family relationship, Self help and mutual help, trust building, public speaking and Speaking out. This programme was an eye opener for the student volunteers as well to understand the attitude, apprehension and concerns of young children. The programme was done during the months of Aug-September. Children were also taught simple self defence tips with the help of an NGO based in Thiruvananthapuram.

**3. Ship of Gratitude:**

The UBA Volunteers of the college made 2500 paper boats with the huge participation from students of almost all departments of the college and send them to National Institute of Oceanography, Kochi to express their gratitude to the heroes of Kerala Deluge 2018- the fishermen community. The idea of making friendship boats was to imbibe the sense of belongingness and empathy about the fishermen community among the college students, so that they can pass this to young minds at their home and locality. Many students joined the cause by taking insurance for the fishermen. College Principal send the boats to NIOS.

**4. Swachta Hi Sewa Campaign:**

As part of the call from UBA , 500 cloth bags were made and distributed to the villages ON Oct 2<sup>nd</sup>, 2019. Around 40 student volunteers participated in the bag making campaign. Faculty members donated sarees for the cause apart from the 100m of plain cloth that we purchased. Students also gave public announcement on the crowded junctions and seeked the support of shop keepers as well for joining the cause.

**5. Poster Competition on World Pollution Day:**

A poster day competition was conducted in one of the Govt schools in Thiruvananthapuram village, as part of World Pollution Day, 2019. The theme was "Air Pollution". Around 40 students from various classes participated the event and all the participants were given colour pencils and drawing kits and the winners were given prizes by the student volunteers.

**6. Xmas Sale:**

A Xmas sale was initiated in the college, of which women entrepreneurs in the Tvpam city, along with those from adopted villages also participated in the exhibition and sale. The idea behind the sale was to introduce the products of the women groups of our villages and to give them an avenue for marketing. The college authorities welcomed the idea and agreed to give them a venue for marketing their products once in a month, without any financial burden for them.

**7. Workshop on Scrap, Stitches and Meanings:**

A two day workshop on Applique design was given to student volunteers of UBA and interested women from the adopted villages. The materials used for the workshop were

from scrap waste cloths thrown by the tailors. Student volunteers collected a sack of cloth waste from nearby tailoring units and distributed them to the participants of the workshop. This workshop helped the women in our villages to adopt Applique works in their cloth bags and the dresses that they stitch. Mrs. Medha Bhatt Ganguly, Founder of First Forest, Ahamedabad was the resource person for the two day workshop.

**8. Awareness session on Safe Menstrual Hygiene practices and Medical camp:**

An alumnae of the Dept of Home Science, who was funded by KSCSTE Student project took an awareness programme for the women in the Thiruvananthapuram and Aruvikkara villages on Safe Menstruation and Hygiene practices during Xmas Vacation and a medical camp was conducted in these areas with the help of Doctors from IMA. UBA supported and initiated this programme.

**Photographs:**













